

# True Self - True Other

*Finding Personal Empowerment Through Right Relationship*

*A one-day workshop with International Educator and Speaker*

## Tav Sparks



To be human is to be in relationship. In order to reach our full potential as individuals, we must embrace this great mystery.

This workshop is a special opportunity to explore how to transform our relationship with friends, family, lovers, life-partners, co-workers, the planet, the cosmos, our sources of inspiration, and most importantly, ourselves.

Through guided inner journeys, art, music, meditation, film, discussion, and movement, we will:

- \* Learn practical strategies to upgrade our daily relationship experiences
- \* Get insights into how we sabotage our opportunities to be fulfilled in relationship
- \* Discover and practice an amazing new life technique that turns the journey of relationship into a powerful tool for self-fulfillment.

The key to being fulfilled in relationship with others is to be fulfilled in relationship with ourselves.

When we know our **true self**  
we can then relate to the **true other**

**When:**

Saturday 9th July 2011  
9.00am - 4.30pm

**Where:** Pacific Resort  
128 - 132 Middle Street  
Cleveland, Brisbane

**Cost:** \$200 inc GST

Early Bird: \$180  
(before 27th May)

**For information contact:**

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For more information on Tav Sparks visit:

<http://www.holotropic.com/bios-tav.shtml>  
<http://www.firescreekcenter.com/about-us/directors/>  
<http://www.movieyoga.com/author.aspx>

Registration forms and information are also available  
on our website: [www.misso.com.au](http://www.misso.com.au)



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